(19) World Intellectual Property Organization International Bureau





(43) International Publication Date 31 May 2001 (31.05.2001)

(26) Publication Language:

60/195,779

60/200.428

60/201.902

PCT

(10) International Publication Number WO 01/39089 A1

(51) International Patent Classif	ication : G06F 17/60	60/207,051	25 May 2000 (25.05.2000) US	
		60/207,089	25 May 2000 (25.05.2000) US	
(21) International Application N	umber: PCT/US00/32331	60/209,921	7 June 2000 (07.06.2000) US	
		09/721,382	22 November 2000 (22.11.2000) US	
(22) International Filing Date:				
241	November 2000 (24.11.2000)		EALTHETECH, INC. [US/US]; Suite 120,	
(25) Filing Language:	English	433 Park Point	Drive, Golden, CO 80401 (US).	

English

US

US

US

30)	Priority Data:		
	60/167,276	24 November 1999 (24.11.1999)	US
	60/177,011	19 January 2000 (19.01.2000)	US
	60/177,009	19 January 2000 (19.01.2000)	US
	60/177,016	19 January 2000 (19.01.2000)	US
	60/178,979	28 January 2000 (28.01.2000)	US
	60/194,126	3 April 2000 (03.04.2000)	US

10 April 2000 (10.04.2000)

28 April 2000 (28.04.2000)

4 May 2000 (04.05.2000)

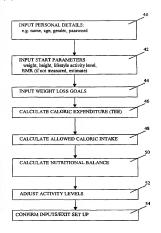
(72) Inventor: MAULT, James, R.; 1580 Blakomb Court, Evergreen, CO 80439 (US).

(74) Agents: WATHEN, Douglas, L. et al.; Gifford, Krass, Groh, Sprinkle, Anderson & Citkowski, PC, 280 N. Old Woodward Ave., Suite 400, Birmingham, MI 48009 (US).

(81) Designated States (national): A.L., A.M. A.T., A.V., A.Z. B.A., B.B., B.G., B.R., B.Y., C.A., C.H., C.N., C.U., C.Z. D.E., D.K., E.E., E.S., F.I., G.B., G.E., G.H., G.M., H.R., H.U., D.I., I., S.J., P.K. E.K., K.P., K.R., K.Z., L.C., L.K., L.R., L.S., L.T., L.U., L.Y., M.D., M.G., M.K., M.N., M.N., N.O., N.Z., P.L., P.T., RO, R.U., S.D., S.E., S.G., S.I., S.K., S.I., T.J., T.M., T.R., T.T., U.A., U.G., U.Z., V.N., Y.U., Z.W.

[Continued on next page]

(54) Title: HEALTH MANAGEMENT SYSTEM WITH CONNECTION TO REMOTE COMPUTER SYSTEM



(57) Abstract: An improved health management system and method are described. A user is provided with a portable microprocessor-based device, which has an application program adapted to receive user input data (40-54) related to caloric intake and caloric expenditure. An application program on a remote computer receives the data and analyzes the data to provide feedback and advise the user.

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